Couples Satisfaction Index (CSI-32)

Please indicate the degree of happiness, all things considered, of your relationship.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Extremely Unhappy  **0** | Fairly Unhappy  **1** | A Little Unhappy  **2** | Happy  **3** | Very  Happy  **4** | Extremely Happy  **5** | Perfect  **6** |

Most people have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Always Agree | Almost Always Agree | Occa-sionally Disagree | Fre-quently Disagree | Almost Always Disagree | Always Disagree |
| Amount of time spent together | 5 | 4 | 3 | 2 | 1 | 0 |
| Making major decisions | 5 | 4 | 3 | 2 | 1 | 0 |
| Demonstrations of affection | 5 | 4 | 3 | 2 | 1 | 0 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | All  the time | Most of the time | More often than not | Occa-sionally | Rarely | Never |
| In general, how often do you think that things between you and your partner are going well? | 5 | 4 | 3 | 2 | 1 | 0 |
| How often do you wish you hadn’t gotten into this relationship? | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Not at all TRUE | A little TRUE | Some-what TRUE | Mostly TRUE | Almost Completely TRUE | Completely TRUE |
| I still feel a strong connection with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| If I had my life to live over, I would marry (or live with / date) the same person | 0 | 1 | 2 | 3 | 4 | 5 |
| Our relationship is strong | 0 | 1 | 2 | 3 | 4 | 5 |
| I sometimes wonder if there is someone else out there for me | 5 | 4 | 3 | 2 | 1 | 0 |
| My relationship with my partner makes me happy | 0 | 1 | 2 | 3 | 4 | 5 |
| I have a warm and comfortable relationship with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| I can’t imagine ending my relationship with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| I feel that I can confide in my partner about virtually anything | 0 | 1 | 2 | 3 | 4 | 5 |
| I have had second thoughts about this relationship recently | 5 | 4 | 3 | 2 | 1 | 0 |
| For me, my partner is the perfect romantic partner | 0 | 1 | 2 | 3 | 4 | 5 |
| I really feel like **part of a team** with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| I cannot imagine another person making me as happy as my partner does | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Not  at all | A little | Some-what | Mostly | Almost Completely | Completely |
| How rewarding is your relationship with your partner? | 0 | 1 | 2 | 3 | 4 | 5 |
| How well does your partner meet your needs? | 0 | 1 | 2 | 3 | 4 | 5 |
| To what extent has your relationship met your original expectations? | 0 | 1 | 2 | 3 | 4 | 5 |
| In general, how satisfied are you with your relationship? | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Worse than all others  (Extremely bad) | |  |  |  |  | Better than all others  (Extremely good) |
| How good is your relationship compared to most? | | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Never | Less than once a month | Once or twice a month | Once or twice a week | Once a day | More often |
| Do you enjoy your partner’s company? | 0 | 1 | 2 | 3 | 4 | 5 |
| How often do you and your partner have fun together? | 0 | 1 | 2 | 3 | 4 | 5 |

For each of the following items, select the answer that best describes *how you feel about your relationship*. Base your responses on your first impressions and immediate feelings about the item.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| INTERESTING | 5 | 4 | 3 | 2 | 1 | 0 | BORING |
| BAD | 0 | 1 | 2 | 3 | 4 | 5 | GOOD |
| FULL | 5 | 4 | 3 | 2 | 1 | 0 | EMPTY |
| LONELY | 0 | 1 | 2 | 3 | 4 | 5 | FRIENDLY |
| STURDY | 5 | 4 | 3 | 2 | 1 | 0 | FRAGILE |
| DISCOURAGING | 0 | 1 | 2 | 3 | 4 | 5 | HOPEFUL |
| ENJOYABLE | 5 | 4 | 3 | 2 | 1 | 0 | MISERABLE |

PERMISSION FOR USE: We developed the CSI scales to be freely available for research and clinical use. No further permission is required beyond this form and the authors will not generate study-specific permission letters.

SCORING: To score the CSI-32, you simply sum the responses across all of the items. The point values of each response of each item are shown above. NOTE – When we present the scale to participants, we do not show them those point values. We just give them circles to fill in (on pen-and-paper versions) or radio buttons to click (in online surveys) in place of those point values.

INTERPRETATION: CSI-32 scores can range from 0 to 161. Higher scores indicate higher levels of relationship satisfaction. CSI-32 scores falling below 104.5 suggest notable relationship dissatisfaction.

CITATION: If you are using this scale, then you should cite the research article validating it as follows:

Funk, J.L., & Rogge, R.D. (2007). Testing the Ruler with Item Response Theory: Increasing Precision of Measurement for Relationship Satisfaction with the Couples Satisfaction Index. *Journal of Family Psychology, 21*, 572-583.