THE QUALITY OF SEX INVENTORY

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Not  at all TRUE | A little TRUE | Some-what TRUE | Mostly TRUE | Very TRUE | Completely TRUE |
| My sex life is fulfilling | O | O | O | O | O | O |
| I am happy with my sex life with my partner | O | O | O | O | O | O |
| My partner really pleases me sexually | O | O | O | O | O | O |
| I am satisfied with our sexual relationship | O | O | O | O | O | O |
| I am happy with the quality of sexual activity in our relationship | O | O | O | O | O | O |
| Sexual activity with my partner is fantastic | O | O | O | O | O | O |
| I am happy with my partner as a lover | O | O | O | O | O | O |
| Sexual activity with my partner is rewarding | O | O | O | O | O | O |
| Sexual activity with my partner is enjoyable | O | O | O | O | O | O |
| My sex life is very exciting | O | O | O | O | O | O |
| Sexual activity with my partner is everything I could hope for | O | O | O | O | O | O |
| Sex is fun for my partner and me | O | O | O | O | O | O |
| Sexual activity with my partner is not fun | O | O | O | O | O | O |
| Sexual activity with my partner is a turn off | O | O | O | O | O | O |
| Sexual activity with my partner is not worth the time or effort | O | O | O | O | O | O |
| I do NOT enjoy sexual activity with my partner | O | O | O | O | O | O |
| Sexual activity with my partner leaves me empty | O | O | O | O | O | O |
| Sexual activity with my partner is not very exciting | O | O | O | O | O | O |
| I would rather not engage in sexual activity with partner: | O | O | O | O | O | O |
| I don't look forward to sexual activity with my partner: | O | O | O | O | O | O |
| My sex life with my partner has become somewhat dull | O | O | O | O | O | O |
| I am tired of engaging in sexual activity with my partner | O | O | O | O | O | O |
| Sexual activity with my partner leaves me feeling distant and alone | O | O | O | O | O | O |
| I am very disappointed with my sex life with my partner | O | O | O | O | O | O |

|  |  |
| --- | --- |
|  | 6-item sexual satisfaction subscale |
|  | Additional 6 items for the 12-item sexual satisfaction subscale |
|  | 6-item sexual dissatisfaction subscale |
|  | Additional 6 items for the 12-item sexual dissatisfaction subscale |

**Scoring**: For all items, responses are given values on a 0 to 5 point scale with 0 = Not at all TRUE and 5 = Completely TRUE. The items of the sexual satisfaction scale are summed to create a total where higher scores indicate higher levels of sexual satisfaction. The items of the sexual dissatisfaction scale are summed separately to create a total where higher scores reflect higher levels of sexual dissatisfaction.

**Permission for use**: Amanda Shaw and Ron Rogge developed this scale to be freely available for use in both clinical and research settings. No additional permissions are required.

**Citation**: If you are using this scale, then you should cite the research article validating it as follows.

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