Couples Satisfaction Index (CSI-16)

Please indicate the degree of happiness, all things considered, of your relationship.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Extremely Unhappy**0** | Fairly Unhappy**1** | A Little Unhappy**2** | Happy**3** | VeryHappy**4** | Extremely Happy**5** | Perfect**6** |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Allthe time | Most of the time | More often than not | Occa-sionally | Rarely | Never |
| In general, how often do you think that things between you and your partner are going well? | 5 | 4 | 3 | 2 | 1 | 0 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Not at all TRUE | A little TRUE | Some-what TRUE | Mostly TRUE | Almost Completely TRUE | Completely TRUE |
| Our relationship is strong | 0 | 1 | 2 | 3 | 4 | 5 |
| My relationship with my partner makes me happy | 0 | 1 | 2 | 3 | 4 | 5 |
| I have a warm and comfortable relationship with my partner | 0 | 1 | 2 | 3 | 4 | 5 |
| I really feel like **part of a team** with my partner | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Not at all | A little | Some-what | Mostly | Almost Completely | Completely |
| How rewarding is your relationship with your partner? | 0 | 1 | 2 | 3 | 4 | 5 |
| How well does your partner meet your needs? | 0 | 1 | 2 | 3 | 4 | 5 |
| To what extent has your relationship met your original expectations? | 0 | 1 | 2 | 3 | 4 | 5 |
| In general, how satisfied are you with your relationship? | 0 | 1 | 2 | 3 | 4 | 5 |

For each of the following items, select the answer that best describes *how you feel about your relationship*. Base your responses on your first impressions and immediate feelings about the item.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| INTERESTING | 5 | 4 | 3 | 2 | 1 | 0 | BORING |
| BAD | 0 | 1 | 2 | 3 | 4 | 5 | GOOD |
| FULL | 5 | 4 | 3 | 2 | 1 | 0 | EMPTY |
| STURDY | 5 | 4 | 3 | 2 | 1 | 0 | FRAGILE |
| DISCOURAGING | 0 | 1 | 2 | 3 | 4 | 5 | HOPEFUL |
| ENJOYABLE | 5 | 4 | 3 | 2 | 1 | 0 | MISERABLE |

PERMISSION FOR USE: We developed the CSI scales to be freely available for research and clinical use. No further permission is required beyond this form and the authors will not generate study-specific permission letters.

SCORING: To score the CSI-16, you simply sum the responses across all of the items. The point values of each response of each item are shown above. NOTE – When we present the scale to participants, we do not show them those point values. We just give them circles to fill in (on pen-and-paper versions) or radio buttons to click (in online surveys) in place of those point values.

INTERPRETATION: CSI-16 scores can range from 0 to 81. Higher scores indicate higher levels of relationship satisfaction. CSI-16 scores falling below 51.5 suggest notable relationship dissatisfaction.

CITATION: If you are using this scale, then you should cite the research article validating it as follows:

Funk, J.L., & Rogge, R.D. (2007). Testing the Ruler with Item Response Theory: Increasing Precision of Measurement for Relationship Satisfaction with the Couples Satisfaction Index. *Journal of Family Psychology, 21*, 572-583.